**Day 1 – 1st Feb – HALL E 3 – BHARATHIYAR HALL**

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| **TIME** | **Day 1 – 1st Feb – HALL E 3 – BHARATHIYAR HALL** |
| **9:30 – 9:50**  **9:50 – 10:10**  **10:10 – 10:30**  **10:30 – 10:50** | **NUTRITION**  **Chairpersons: Dr. E. Arumugam (Chengalpet), Dr. M. Narasimhan (Sholinghur) & Dr. R. Selvaraj (Cuddalore)**  1)Diet as Medicine  **Dr. Sonia Arora (Patiala)**  2) Nutrition in ICU – An Overview.  **Dr. Ketan K Mehta (Mumbai)**  3) Genetically Modified Foods - Of any medical significance? Impact on the health of the population.  **Dr. Anupam Prakash (**New Delhi**)**  **4)**Cooking Oils in Health and Disease  **Dr. Shilpa Joshi (Mumbai)** |
| **10:55 – 11:15**  **11:15 – 11:35**  **11:35 – 11:55** | **HYPERTENSION**  **Chairpersons: Dr. B. R. Bansode (Mumbai), Dr. V. Nambi (Chennai), & Dr. E. Dhandapani (Coimbatore)**  1) Practical guidelines for Hypertension management.  **Dr. N. R. Rao (Manipal)**  2) Interventions in Hypertension.  **Dr. Ajay U Mahajan (Mumbai)**  3) Sex and Hypertension.  **Dr. A. K. Pancholia (Indore M.P.)** |
| **12:00 – 12:20**  **12:20 – 12:40**  **12:40 – 1:00** | **ENDOCRINOLOGY**  **Chairpersons: Dr. Anandamoorthy (Ooty), Dr. R. Gunasekaran (Trichy), & Dr. M. A. Kabeer (Chennai)**  1) Cushings Syndrome: Challenges in Diagnosis and Management.  **Dr. K. J. Shetty (Bangalore)**  2)Hirsutism – Indian Scenario  **Dr. A. R. Vijayakumar (Coimbatore)**  3)Pituitary Passions  **Dr. Nihal Thomas (Vellore)** |
| **1:00 – 2:00** | **LUNCH** |
| **2:00 – 2:20**  **2:20 – 2:40**  **2:40 – 3:00** | **NEUROLOGY**  **Chairpersons: Dr. B. Soren (Rajahmundry, A P), Dr. Mohamed, & Dr. Rao Gupta.**  1) CSF - A Physician’s Perspective  **Dr. P. K. Maheshwari (Agra)**  2) Managing critically ill patients with AIDP: relevance of international guidelines to Indian scenario  **Dr. Prof B. Vengamma (**Tirupati**)**  3) ICU Acquired Paresis: ‘Spectrum of Neuro – Myopathies’  **Dr. Mathew Alexander (Vellore)** |
| **3:05 – 3:25**  **3:25 – 3:45**  **3:45 – 4:05** | **ENDOCRINOLOGY**  **Chairpersons: Dr. Kannan (Madurai), Dr. P. Soundararajan (Chennai), & Dr. T. Aravindaraj (Ramanathapuram).**  1) Hypo Thyroxinemia in – Clinical Practice / Indian Guidelines.  **Dr. R. V. Jayakumar (**Kottayam**)**  2) Management of Thyroid Nodules – An Indian Consensus Guideline  **Dr. Mathew John (Trivandrum)**  3)Suggested Guidelines for self monitoring of blood glucose – In India  **Dr.** **Ranjit Unnikrishnan(Chennai)** |
| **4:10 – 4:30**  **4:30 – 4:50**  **4:50 – 5:00** | **NEPHROLOGY**  **Chairpersons: Dr. M. S. Ashraf (Trichy), Dr. S. P. Thyagarajan (Coimbatore), & Dr. P. B. Sathasivam (Chennai).**  1) Urinalysis in clinical practice.  **Dr. Shekhar Chakraborty (**Siliguri**)**  2) Emerging markers of Kidney Injury.  **Dr. Ashit Bhagwati (Mumbai)**  **3)Quiz Programme** |